



Sarcopenia
International Seminar
2026

第三屆 肌少症 國際研討會

Sarcopenia, Cachexia, and Frailty
肌少症、惡病質及衰弱症

Oct. 31
Taipei



SARCOPENIA INTERNATIONAL SEMINAR 2026

臺北醫學大學 | 臺北市立萬芳醫院 | 衛生福利部雙和醫院 | 臺北醫學大學附設醫院 |
國家衛生研究院 | 台灣生醫創新學會 | 台灣骨質疏鬆學會 | 台灣復健醫學會 | 台灣神經學學會 |
臺北神經醫學中心 | 高齡健康醫養產學小聯盟 | 臺北醫學大學 醫學科技學院、醫學院、醫學工程學院

第三屆肌少症國際研討會 2026.10.31 臺北醫學大學誠樸廳

研討會議程

International Seminar on Sarcopenia 2026

2026 第三屆肌少症國際研討會

Time	Speakers	Topic	Chair
08:45~09:15	Registration		
09:15~09:25	Opening Remarks		Dr. Kang-Yun Lee, Dean, Taipei Municipal Wanfang Hospital, TMU (北醫萬芳醫院李岡遠院長) Dr. Tsan-Hon Liou, Dean, Shuang-Ho Hospital, TMU (北醫雙和醫院劉燦宏院長) Dr. Huey-Kang Sytwu, Dean, National Health Research Institute, NHRI (國家衛生研究院司徒惠康院長) Dr. Tai-Lung Cha, Director, National Institute of Cancer Research, NHRI (國衛院癌研所查岱龍所長)
09:25~10:35	Keynote speech 1 & 2		
	(英國) Guy S Bewick , Institute of Medical Science, School of Medicine, Medical Science & Nutrition, University of Aberdeen (Duration: Speech 30min /Q&A: 5min)	Muscle spindles: new insights into proprioceptors and chronic pain (sng)	Dr. Yung-Hsiao Chiang, Director, Taipei Neuroscience Institute, TMU (北醫神經醫學研究中心蔣永孝主任)
	(韓國) Jae-Young Lim , Professor, Seoul National University Bundang Hospital Rehabilitation Medicine (首爾大學盆唐醫院復健醫學林在英教授) (Duration: Speech 30min /Q&A: 5min)	Recent Clinical Trials for Sarcopenia in Korean Older Adults	Dr. Tsan-Hon Liou, Dean, Shuang-Ho Hospital, TMU (北醫雙和醫院劉燦宏院長)
10:35~10:55	Group Photo & Break		
10:55~12:05	Keynote speech 3 & 4		

	(新加坡) Bin Tean Teh , Deputy CEO, National Cancer Centre of Singapore (新加坡國家癌症中心鄭敏展副執行長) (Duration: Speech 30min /Q&A: 5min)	Decoding Muscle Wasting: Transcriptomic Insights into Sarcopenia and Cachexia	Dr. Huey-Kang Sytwu, Dean, National Health Research Institute, NHRI (國家衛生研究院司徒惠康院長)
	(日本) Toshio Moritani , Professor, Graduate School of Human and Environmental Studies, Kyoto University (日本京都大學人類與環境研究所森谷敏夫教授) (Duration: Speech 30min /Q&A: 5min)	Electrical muscle stimulation: Basis and clinical applications	Dr. Yun Yen, Chair Professor, College of Medical Science and Technology, TMU (北醫醫科院閻雲講座教授)
12:05~12:15	Award Ceremony - Recognition Ceremony of Cancer Medical Literature Award		
	Recognition Ceremony of Cancer Medical Literature Award 醫療文學獎頒獎典禮	Awardees’ speech and sharing	Dr. Yun Yen, Chair Professor, College of Medical Science and Technology, TMU (北醫醫科院閻雲講座教授)
12:15~13:35	Lunch & Exhibition		
13:35~14:40	Session 1 – Clinical Approaches		
	Li-Ning Peng , Director, Research and Development Department, Geriatric Medicine Center, Taipei Veterans General Hospital (臺北榮總高齡醫學中心研發推展科彭莉甯主任) (Duration: 20min)	From AWGS 2025 to Clinical Practice: Implementing Consensus and Looking Beyond Muscle Mass	Dr. Der-Sheng Han, Chairman, Taiwan Osteoporosis Association (台灣骨質疏鬆學會韓德生理事長)
	Pei-Chang Lee , Attending Physician, Center for Geriatric and Gerontology, Taipei Veterans General Hospital (臺北榮總內科部胃腸肝膽科李沛璋主治醫師) (Duration: 20min)	TBC	
	Dr. Hui-Jen Tsai, Associate Director, National Institute of Cancer Research, NHRI (國衛院癌研所蔡慧珍副所長) (Duration: 20min)	Facing the challenge of cachexia on cancer treatment	
	Panel Discussion (Duration: 5min)		
14:40~14:50	Break		
14:50~15:55	Session 2 – Basic Medical Science		

	Tze-Sing Huang , Investigator, National Institute of Cancer Research, NHRI (國衛院癌研所黃智興研究員) (Duration: 20min)	A Collagenic Gene Signature Associated with Cancer Cachexia and Poor Prognosis	Dr. Ya-Wen Chen, Associate Director, National Institute of Cancer Research, NHRI (國衛院癌研所陳雅雯副所長)
	Shen-Liang Chen , Distinguished Professor, Department of Life Sciences, National Central University (中央大學生命科學系陳盛良特聘教授) (Duration: 20min)	MyoD Transcriptional Function in Cancer Cachexia Muscle through Coactivator and Signaling Network Modulation	
	Yi-Fan Chen , Professor, International Master Program for Translational Sciences, College of Medical Science and Technology, TMU (北醫醫科院陳怡帆教授) (Duration: 20min)	Myofiber-Centric Mechanisms of Sarcopenia: Lipid Metabolites as Primary Drivers Over Stem Cell Dysfunction with Clinical Implications	
	Panel Discussion (Duration: 5min)		
15:55~16:05	Break		
16:05~17:10	Session 3 – Therapeutic Approaches		
	Hsin-Yen Yen , Deputy Director, School of Gerontology and Long-Term Care, TMU (北醫高齡健康暨長期照護學系顏心彥副主任) (Duration: 20min)	Digital Empowerment: Optimizing Physical Activity for Sarcopenia Prevention	Dr. Jiunn-Horng Kang, Dean, College of Biomedical Engineering, TMU (北醫醫工院康峻宏院長)
	Shu-Chun Lee , Director, International Ph.D. Program in Gerontology and Long-Term Care, TMU (北醫國際高齡健康暨長期照護博士學位學程李淑君主任) (Duration: 20min)	Multidimensional Frailty: From Assessment to Intervention	
	Deng-Chi Yang , Nephrologist, Associate Clinical Professor, National Cheng Kung University Hospital (成大附醫腎臟科楊登棋醫師臨床副教授) (Duration: 20min)	Graceful aging in chronic kidney disease-reversing frailty and sarcopenia	
	Panel Discussion (Duration: 5min)		
17:10~17:25	Award Ceremony - Recognition Ceremony of BEST ABSTRACTS AWARDEES 2026		

	Recognition Ceremony of BEST ABSTRACTS AWARDEES 2026 最佳研討會摘要頒獎典禮	Awardees' speech and sharing	Dr. Yi-Fan Chen, Professor, International Master Program for Translational Sciences, College of Medical Science and Technology, TMU (北醫醫科院陳怡帆教授)
Closing			
17:25~17:30	Closing Remarks		Dr. Wen-Hsuan Hou, Director, Department of Physical Medicine and Rehabilitation, TMUH (北醫附醫復健科侯文萱主任)